[48] Measuring RGS Protein Interactions with $G_q \alpha$

By PETER CHIDIAC, MARTHA E. GADD, and JOHN R. HEPLER

Introduction

Many hormones, neurotransmitters, and sensory inputs rely on heterotrimeric guanine-nucleotide regulatory proteins (G proteins) to exert their actions at target cells and tissues.¹⁻³ G proteins act by directly coupling cell surface receptors to the regulation of specific effector proteins at the plasma membrane. All G proteins are composed of three subunits designated as G α (39–46 kDa), G β (35–39 kDa), and $G\nu$ (8–11 kDa), and, to date, at least 21 unique $G\alpha$, 6 G β , and 12 G γ subunits have been identified.¹⁻³ The identity of the individual G α subunit defines the G protein trimer, and G α subunits have been classified into four major subfamilies (G_s, G_i, G_a , and G_{12}) based on amino acid sequence identities and functional similarities.¹⁻³ At target cells, hormone or neurotransmitter receptor activation results in stimulation of phospholipase C, which hydrolyzes phosphatidylinositols to generate two important second messengers, inositol (1,4,5)trisphosphate [Ins $(1,4,5)P_3$] and diacylglycerol. Ins(1,4,5)P₃ mobilizes internal Ca²⁺ stores whereas diacylglycerol activates certain forms of protein kinase C. Members of the G_a subfamily of G proteins $(G_0\alpha, G_{11}\alpha, G_{14}\alpha, and G_{15/16}\alpha)$ directly couple cell surface receptors to activation of the β isoforms of phospholipase C- β (PLC- β) and inositol lipid signaling.

G proteins serve as molecular switches in cell signaling. Activated receptors promote GTP binding to $G\alpha$ subunits, and the duration of a particular G-protein-directed signaling event is dictated by the lifetime of the $G\alpha$ -GTP species. $G\alpha$ subunits are GTPases, and G protein signaling is terminated by $G\alpha$ -catalyzed hydrolysis of bound GTP. As such, $G\alpha$ -GTPase activity represents an important cellular control point for modulating hormone and neurotransmitter signaling events. Recent findings indicate that $G\alpha$ GTPase activity and linked signaling events are regulated by a newly identified class of signaling proteins, the regulators of G protein signaling (RGS proteins). RGS proteins comprise a large family (more than 30 mammalian forms) of highly diverse, multifunctional signaling ing proteins which share a conserved 120 amino acid domain (RGS domain).⁴⁻⁹

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RGS domains bind directly to activated G α subunits to act as GTPase-activating proteins (GAP) and/or effector antagonists to modulate hormone receptor and G-protein-directed signaling. Nearly all RGS proteins studied to date serve as GAPs for G_i α family members and/or G_q α .⁴⁻⁹ RGS4 was the first family member recognized to be an inhibitor of G_q α -directed signaling.^{10,11} Whereas RGS4 can act as a GAP for both Gi α family members and G_q α , RGS2 was the first family member identified to be a selective inhibitor of G_q α function.¹²⁻¹⁴ More recent studies have identified many other RGS proteins that also can regulate G_q α signaling functions (see Refs. 7, 8, and references therein), although not all block G_q α signaling by accelerating G α -GTPase activity. For example, the well-studied G-proteincoupled receptor kinase GRK2 contains an RGS domain that binds tightly to G_q α to block its interactions with PLC- β without affecting G_q α -GTPase activity.¹⁵ In this regard, GRK2 and other RGS proteins^{10,12,14} can act as effector antagonists.

Because of the broad importance of $G_{\alpha}\alpha$ -regulated inositol lipid signaling in cell physiology¹⁶ and a new appreciation of the role for certain RGS proteins as regulators of G_q function,⁴⁻⁹ considerable research interest has now focused on understanding and measuring RGS interactions with $G_q \alpha$. Numerous studies have examined RGS modulation of G_a-directed inositol lipid and Ca²⁺ signaling in various intact cell systems (see Refs. 7, 8, and references therein). In these cases, RGS/ $G_{\alpha}\alpha$ interactions were observed as a consequence of introducing cDNA and overexpression of recombinant RGS proteins in target cells. This approach has proven to be very useful for qualitatively confirming the negative regulatory effects of various RGS proteins on G_q signaling pathways. However, these methods do not allow for the quantitative measurement of direct RGS/ $G_{a}\alpha$ interactions. This chapter will describe currently available methods for quantitatively measuring direct RGS interactions with $G_{q}\alpha$ in vitro. Three methods will be discussed in detail: (1) RGS stimulation of $G_{\alpha}\alpha$ -GTPase activity; (2) RGS inhibition of $G_q\alpha$ -directed stimulation of phospholipase C- β ; and (3) RGS inhibition of hormone receptor and $G_q/11\alpha$ -directed stimulation of PLC β in broken cell membrane preparations. Other available methods for measuring RGS/ $G_{q}\alpha$ interactions that offer special advantages will also be discussed, but only briefly because of the general unavailability of required materials.

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Special Materials

Purified Recombinant RGS Proteins

Recombinant, hexahistidine(His₆)-tagged RGS4, RGS2, and RGS-GAIP are synthesized in *Escherichia coli* and purified by Ni-NTA affinity chromatography as previously described.^{12,17}

Purified Recombinant Hexahistidine Tagged $G_{q}\alpha$

 $G_q \alpha$ is not an abundant protein in native tissues and, as such, is very difficult to purify from native tissue sources such as bovine brain or liver. However, reasonable amounts (0.1–1 mg) of active recombinant $G_q \alpha$ protein can be obtained by using baculoviral expression systems and overexpression in Sf9 insect cells. In most cases, $G_q \alpha$ must be coexpressed with recombinant $G\beta\gamma$ subunits to generate properly folded, detergent-soluble $G\alpha$ subunit that is active. Procedures for the purification of recombinant $G_q \alpha$ from Sf9 (*Spodoptera frugiperda* ovary) cell membranes using conventional chromatography have been described.¹⁸ However, $G_q \alpha$ engineered to contain a hexahistidine tag at the carboxy terminus ($G_q \alpha$: CH₆) can be coexpressed as a functional heterotrimer with either $G\beta_1$ or $G\beta_2$ in combination with $G\gamma_2$, and readily purified to homogeneity as free $G_q \alpha$:CH₆ by sequential Ni-NTA affinity and anion-exchange chromatography steps as previously described.¹⁹ Addition of the hexahistidine tag does not affect recombinant $G_q \alpha$:CH₆ interactions with $G\beta\gamma$,¹⁹ PLC- β_1 ,¹⁹ and RGS proteins.^{10,12}

Purified Recombinant Wild-Type $G_{d\alpha}$ and $G_{d\alpha}R183C$

Both of these proteins can be purified essentially as described originally by Biddlecome *et al.*,²⁰ with some minor modifications.²¹ Briefly, either $G_q \alpha$ or $G_q \alpha R183C$ is coexpressed in Sf9 cells with recombinant, hexahistidine tagged forms of $G\beta_2$ and $G\gamma_2$ (His₆- $G\beta_2$ /His₆- $G\gamma_2$). Following the extraction of membranes with cholate, the solubilized trimer is diluted into lubrol and bound to Ni-NTA, followed by extensive salt washing of the resin. Subsequently, the column is brought to room temperature and washed with a cholate/lubrol buffer

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containing GTP_YS, which elutes unwanted endogenous (insect) G α subunits from the resin, leaving recombinant G_q α bound to His₆-G β_2 /His₆-G γ_2 . Finally, G_q α or G_q α R183C is eluted with aluminum, fluoride, and magnesium ions, which frees G α from the His₆-G β_2 /His₆-G γ_2 bound to the Ni-NTA resin. For the final desalting of eluted protein, CHAPS is recommended over cholate, which may promote denaturation.²¹ Under ideal conditions, this protocol should yield virtually pure (>95%) wild-type recombinant G_q α . G_q α R183C, which expresses poorly, should yield a preparation that is about 40% pure, which is adequate for single-turnover experiments but not recommended for reconstitution studies.

Baculoviruses Encoding Recombinant Wild-Type and Hexahistidine-Tagged $G\beta$ and $G\gamma$ Subunits

Generation of baculoviruses and purification of recombinant forms of mammalian $G\beta_1$, $G\beta_2$, and $G\gamma_2$ subunits from Sf9 insect cells has been described in detail.²² Baculovirus encoding hexahistidine-tagged forms of $G\beta_2$ and $G\gamma_2$ for use in the purification of $G_{\alpha}\alpha$ has also been been described.²⁰

Purified Phospholipase C- β_1

Purified $G_q \alpha$ family members activate the β isoforms of PLC (PLC- β_1 , $-\beta_2$, and $-\beta_3$).^{19,24,44} PLC- β_1 is abundant in brain cytosol and is readily obtained in a partially purified form using protocols that rely on sequential conventional chromatography steps.^{23,25,26}

Antisera

Antisera that specifically recognize RGS4, RGS2, $G_q \alpha$, and PLC- β_1 are commercially available (Santa Cruz Biotechnology, Santa Cruz, CA; Upstate Biologicals, Lake Placid, NY). Available anti- $G_q \alpha$ sera recognize both wild-type $G_q \alpha$ and $G_q \alpha R183C$. Note that placement of a hexahistidine tag at the carboxy terminus of $G_q \alpha$ can interfere with antibody recognition at this site.

RGS Stimulation of $G_q \alpha$ GTPase Activity

General Considerations Regarding GTPase Assays

G proteins traverse a cycle of GTP binding, hydrolysis, and $GDP + P_i$ dissociation. Agonist-bound receptors promote GDP dissociation and thus facilitate

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²⁶ S. G. Rhee, S. H. Ryu, and K. S. Cho, *Methods Enzymol.* 197, 502 (1991).

GTP binding and G protein activation. RGS proteins and other GAPs turn off activated G proteins by accelerating the rate of GTP hydrolysis. In the presence of activated receptor, this GAP effect serves to accelerate the steady-state turnover of GTP. However, GAPs have little or no effect on the steady-state GTPase activity of isolated G α since GDP dissociation is already rate-limiting under such conditions.²⁷ Therefore, GAP assays must be performed either under pre-steady-state conditions (i.e., GTP-bound to G α) or in the presence of activated receptor.

The direct GAP effect of an RGS protein on $G\alpha$ can be detected as an increase in the rate of a single round of hydrolysis and P_i release by $G\alpha$ -GTP. The primary advantage of this pre-steady-state, bimolecular method is that it allows GAP effects to be quantified as direct fold-stimulation of the basal rate of GTP hydrolysis, and also permits an approximation of the affinity between RGS and free $G\alpha$ -GTP.²⁸ To assay GAP activity under steady-state conditions is technically simpler but, as noted, requires receptor as well as $G\beta\gamma$, which themselves may influence RGS-G α interactions.^{7,21} With G_q, both single-turnover and steady-state GTPase assays pose difficulties not encountered with G_i, G_o, or G_s.

RGS-Directed Stimulation of $G_{d}\alpha R183C$ GTPase Activity

Special Considerations. The direct GTPase activating effect of RGS proteins on GTP-bound $G_{i/o}\alpha$ subunits is readily detectable using purified G α subunits and RGS proteins in solution, as described elsewhere in this volume.²⁹ In contrast, analogous assays using wild-type $G_q\alpha$ are not practicable because of difficulties in isolating $G_q\alpha$ -GTP. This stems primarily from the extremely slow dissociation of bound GDP, and probably also reflects the intrinsic instability of the nucleotide-free form of $G_q\alpha$.³⁰ These properties also account for the high nucleotide concentrations needed to observe G_q binding. To facilitate the isolation of the GTP-bound species, the point mutant $G_q\alpha$ R183C can be substituted for wild-type $G_q\alpha$. This mutant has a greatly decreased intrinsic rate of GTP hydrolysis,²¹ as well as an increased rate of GDP dissociation. Slowly hydrolyzing G protein mutants in some cases are GAPinsensitive,¹⁷; however, as with $G_i\alpha$ R178C, the arginine-to-cystine substitution does not prevent $G_q\alpha$ R183C from hydrolyzing GTP more rapidly in response to GAPs.²¹ The rate of GTP hydrolysis by $G_a\alpha$ R183C is accelerated by phospholipase

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 $C-\beta_1$,²¹ RGS2,¹³ RGS4,³¹ RGS-GAIP, RGS1, and RGS3,³² but not by rho-GEF,³³ GRK2,¹⁵ RGS12,³⁴ RGS10, RGS11, or RGS14.³²

Preparation for Assay. $G_{q}\alpha R183C-[\gamma^{-32}P]GTP$ is prepared by incubating 100 nM G₀ α R183C with 10 μ M [γ -³²P]GTP at 20° in 20 mM Na-HEPES (pH 7.5) containing 5.5 mM CHAPS, 1 mM dithiothreitol (DTT), 1 mM EDTA, 900 µM MgSO₄ (10 μ M final free Mg²⁺), 30 mM (NH₄)₂SO₄, 2% (v/v) glycerol, and 0.1 mg/ml albumin for 2–3 hr, at which point approximately 30% of active $G_{\alpha} \alpha R183C$ will be bound to $[\gamma - {}^{32}P]GTP$. The reaction mixture is then diluted with an equal volume of ice-cold buffer A [50 mM Na-HEPES (pH 7.5), plus either 5.5 mM CHAPS or 0.3% cholate], and after 5 min on ice, $G_{0}\alpha R183C - [\gamma^{32}-P]GTP$ is recovered by centrifugal gel filtration on Sephadex G-25 equilibrated in buffer A. This procedure removes 99.9% of free nucleotide and yields 20-30% recovery of $G_{a}\alpha R_{183}C - [\gamma^{-32}P]GTP$. A word is in order here concerning the stability and reactivity of $G_{d}\alpha R183C$ in various detergents. We have found that Lubrol, CHAPS, Triton X-100, and dodecyl maltoside all yield approximately equal amounts of $[\gamma^{-32}P]$ GTP and $[^{35}S]$ GTP γ S binding to $G_{\alpha}\alpha$ R183C, whereas cholate clearly has a detrimental effect on $[\gamma^{-32}P]$ GTP binding. Cholate was the only detergent tested that permitted the GAP effect of PLC- β_1 on $G_0 \alpha R_1 R_3 C - [\gamma - {}^{32}P] GTP$, whereas RGS4 GAP activity was evident to varying extents in the presence of cholate, CHAPS, Triton X-100, octylglucoside, dodecylmaltoside, deoxycholate, and Lubrol. Thus it may be necessary to optimize detergent conditions when assaying novel GAPs.

Performing Assay. To measure GTP hydrolysis, isolated $G_q \alpha R183C$ - $[\gamma^{-32}P]GTP$ is diluted approximately 10-fold into 20 mM HEPES buffer (pH 7.5) containing the GAP under investigation plus 80 mM NaCl, 1 mM dithiothreitol, 1 mM EDTA, 900 μ M MgSO₄, 0.04 mg/ml albumin, and 2% glycerol plus appropriate detergent (e.g., 0.2–0.3% cholate). GTP hydrolysis is assessed by the release of free [^{32}P]P_i into the buffer, which is isolated from Gq α R183C-[$\gamma^{-32}P$]GTP and free [$\gamma^{-32}P$]GTP by the addition of a charcoal slurry followed by centrifugation, which leaves only free [^{32}P]P_i in the supernatant.^{20,21,28} Total G_q α R183C-[$\gamma^{-32}P$]GTP should be quantified by vacuum filtration over nitrocellulose filter discs at the outset of the assay.^{20,21,28} In the absence of added GAP, the rates of both GTP hydrolysis and GTP dissociation are approximately 0.05 per minute

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³² P. Chidiac, unpublished observations, 1997.

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³⁴ B. E. Snow, R. A. Hall, A. M. Krumins, G. M. Brothers, D. Bouchard, C. A. Brothers, S. Chung, J. Mangion, A. G. Gilman, R. J. Lefkowitz, and D. P. Siderovski, *J. Biol. Chem.* 273, 17749 (1998).

at 20°. GTP dissociation thus can be appreciable over the time required to carry out an assay, and one should monitor binding as well as hydrolysis over the course of an experiment. It is also important to note that biphasic GTP hydrolysis is generally observed in the presence of GAP, suggesting that a fraction of the total $G_q \alpha R183C$ – $[\gamma^{-32}P]$ GTP (typically 25–40%) is GAP-insensitive. This must be taken into account when fitting or calculating hydrolysis rates, and procedures for doing so have been described in detail.^{21,28}

Results. In the experiment shown in Fig. 1, RGS4 increased the rate of GTP hydrolysis by $G_q \alpha R183C - [\gamma^{-32}P]GTP$ by a factor of about 100. In this experiment, the decrease in total $G_q \alpha R183C - [\gamma^{-32}P]GTP$ (open symbols) followed a similar time course to that of $[^{32}P]P_i$ generation (closed symbols), indicating



FIG. 1. Stimulation of $G_q \alpha R183C-[\gamma^{-32}P]GTP$ GTPase activity by RGS4. $G_q \alpha R183C-[\gamma^{-32}P]GTP$ was prepared and isolated as described and diluted with 9 volumes of assay buffer containing 0.2% cholate either without or with RGS4. At the times indicated, duplicate 20 μ l aliquots were withdrawn and assayed for release of $[^{32}P]P_i$ or $G_q \alpha$ -bound $[\gamma^{32}P]GTP$. All four sets of data were fitted simultaneously using a 2-component equation assuming a GAP-sensitive plus a GAP-insensitive fraction (see Ref. 21) to yield the fitted lines shown (dotted lines, no RGS4; solid lines, 120 nM RGS4). The solid and open symbols represent respectively the release of $[^{32}P]P_i$ and the amount of $G_q \alpha$ -bound $[\gamma^{-32}P]GTP$ in the presence of RGS4. Data in the absence of RGS4 have been omitted for clarity. In this experiment, 67% of the total $G_q \alpha R183C-[\gamma^{-32}P]GTP$ was sensitive to the GAP effect of RGS4. Basal rates of GTP hydrolysis and dissociation respectively were 0.0056 min⁻¹ and 0.0038 min⁻¹, and the rate of hydrolysis was stimulated approximately 100-fold by RGS4, to 0.61 min⁻¹. Reproduced with permission from P. Chidiac and E. M. Ross, J. Biol. Chem. 274, 19639 (1999).

that RGS4 did not increase the rate of GTP dissociation. Note that both RGS4 curves are biphasic, indicating the presence of a GAP-insensitive population of $G_q \alpha R183C - [\gamma - {}^{32}P]$ GTP. Fitted curves corresponding to data acquired in the absence of RGS4 (dotted lines) show that loss of $G_q \alpha R183C - [\gamma - {}^{32}P]$ GTP (which results from both dissociation and hydrolysis) occurs at about twice the rate at which $[{}^{32}P_i]$ is produced, indicating that the basal rates of GTP dissociation and hydrolysis are similar.

Receptor-Promoted Steady-State GTPase Assays

Unlike studies with G_i , G_o , and G_s , attempts to assay receptor-promoted steadystate GTP turnover by G_q in broken cell preparations have been largely unsuccessful. It is possible to clearly observe agonist-stimulated $G_q \alpha$ GTPase activity and the acceleration of that activity by GAPs using ml muscarinic receptors coreconstituted into phospholipid vesicles with heterotrimeric G_q .²⁰ This method requires that purified, detergent-solubilized receptor, $G_q \alpha$, and $G\beta\gamma$ be combined together, followed by gel filtration (or dialysis) to remove residual detergent. Although this technique presents a powerful means to study G_q -RGS interactions,³⁵ it is technically challenging in that each of the proteins used must first be purified in a nondenatured state, and typically over half of each protein is lost during the reconstitution process. For these reasons, this method is not readily approachable by most investigators.

A number of other experimental systems have been described that could be utilized for the study of receptor- and RGS-stimulated $G_q\alpha$ -GTPase activity. Several investigators have developed novel assays for receptor-stimulated [^{35}S]GTP γS binding to G_q based on insect cell/baculovirus expression systems.³⁶⁻³⁸ These techniques take advantage of the high receptor levels possible with baculovirus expression, combined in some instances with either the coexpression of G_q^{38} or the addition of exogenous purified G_q .³⁷ Fusion proteins consisting of G protein coupled receptors linked directly to $G\alpha$ subunits have also been described^{39,40} that allow direct study of receptor and G-protein-stimulated GTPase activity. Although none of receptors described thus far have been fused to $G_q\alpha$, there are no obvious barriers to this possibility and such a receptor/ $G_q\alpha$ fusion protein could be used to study RGS interactions.⁴⁰ At least one experimental model system allows for the study of endogenous receptors linked to native $G_q/11$ and does not rely

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³⁷ J. L. IV Hartman and J. K. Northup, J. Biol. Chem. 271, 22591 (1996).

³⁸ A. J. Barr, L. F. Brass, and D. R. Manning, J. Biol. Chem. 272, 2223 (1997).

³⁹ R. Seifert, K. Wenzel-Seifert, and B. K. Kobilka, Trends Pharmacol. Sci. 20, 383 (1999).

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upon recombinant proteins. Turkey erythrocyte ghosts contain native G_{11} -linked receptors (e.g., P2y-purinergic) which stimulate GTP-supported phospholipase C activity⁴¹ and can be used to study RGS protein interactions with G_{11} and receptors.⁴² While each of these experimental systems offers special advantages, they also require the use of special reagents and materials that make them generally unavailable to most laboratories. Nevertheless, it may be possible to adapt one or more of these methods to measure receptor- and RGS-stimulated $G_q\alpha$ -GTPase activity in a partial reconstitution system.

RGS Inhibition of $G_{q}\alpha$ Signaling Functions

RGS Inhibition of $G_q \alpha$ -Stimulated Phospholipase C- β_l Activity

In addition to their defined roles as $G\alpha$ -GAPs, RGS proteins also act as effector antagonists to block G protein signaling.^{10,15,43} Consistent with this idea, RGS proteins form a stable complex with activated $G_{q}\alpha$ in *in vitro* reconstitution assays^{10,12,15} and in cell membranes,¹⁰ which prevents $G_{q}\alpha/PLC-\beta$ interactions and blocks inositol lipid signaling. Since surface residues on $G\alpha$ responsible for $G\alpha/RGS$ interactions are predicted to differ from those involved with $G\alpha/effector$ interactions, 43 RGS capacity to block PLC binding to $G_q \alpha$ is likely due to steric hindrance. Based on these interactions, we will describe a method for detecting RGS interactions with active $G_{q}\alpha$ by monitoring changes in $G_{q}\alpha$ -directed PLC β activity that is measured as hydrolysis of exogenously supplied $[^{3}H]PIP_{2}$ and formation of the water-soluble product, $[{}^{3}H]Ins(1,4,5)P_{3}$. A technical advantage of this assay over the measurement of $G\alpha$ GTPase activity is that the wild-type recombinant $G_{\alpha}\alpha$ required for these assays is more readily isolated than the $G_{\alpha}\alpha R183C$ mutant, which, at present, must be purified by complex formation with hexahistidinetagged $G\beta_2/G\gamma_2$ (discussed above). An important experimental advantage of this method is that it can detect RGS proteins that bind to but do not serve as stimulators of G_a GTPase activity, as is the case with GRK2.¹⁵ The primary disadvantages of this approach are that the it only detects indirect RGS effects on $G_{q\alpha}$ in the form of inhibition of measured PLC- β activity, and it requires availability of PLC- β_1 and establishing protocols for measuring $[{}^{3}H]PIP_{2}$ hydrolysis.

Special Considerations. Under defined assay conditions⁴⁴ where PLC- β and [³H]PIP₂ substrate are held constant (1 ng/assay PLC β and 50 μM [³H]PIP₂) and substrate consumption is within a linear range (3–5 min), the half-maximal

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⁴³ J. J. G. Tesmer, D. M. Berman, A. G. Gilman, and S. R. Sprang, Cell 89, 251 (1997).

⁴⁴ A. V. Smrcka, J. R. Hepler, K. O. Brown, and P. C. Sternweis, *Science* 251, 804 (1991).

concentration of $G_q \alpha$ required to activate PLC- β is approximately 30 n*M*, with maximal enzyme activity observed around 300 n*M*. Since RGS inhibition of PLC- β binding to $G_q \alpha$ is a competitive reaction, it is necessary to use submaximal amounts of $G_q \alpha$ in the assay (1–3 n*M*) in order to completely inhibit $G_q \alpha$ function by RGS. Under these assay conditions, uninhibited $G_q \alpha$ -stimulated PIP₂ consumption occurs at a much lower rate and product formation is linear for up to 60 min. As such, these assays need to be carried out for longer time periods (at least 30–40 min) in order to accumulate measurable amounts of $[^3H]Ins(1,4,5)P_3$.

Preparation of $G_{a}\alpha$, RGS Proteins, and Buffers. Proteins necessary for these assays include RGS (e.g., RGS2 or RGS4), $G_q \alpha$, and PLC- β_1 . If possible, relatively pure proteins should be used to allow control of the total amounts and relative ratio of each protein in the assay. Proteins should be prepared as concentrated stocks (0.1 mg/ml or higher) to promote stability and to allow for flexibility in dilution. Two buffers are used for these assays: Buffer 1 [50 mM sodium HEPES, pH 7.2, 1 mM EDTA, 3 mM EGTA, 5 mM MgCl₂, 2 mM dithiothreitol (DTT), 100 mM NaCl, and either 1% sodium cholate or 0.6% octylglucoside], and Buffer 2 (50 mM Na-HEPES, pH 7.2, 3 mM EGTA, 1 mM DTT, 80 mM KCl). Buffer 1 is used to prepare the $G_0\alpha$ and RGS proteins, whereas Buffer 2 is used to prepare PLC- β_1 mix, [³H]PIP₂ phospholipid vesicles, and the Ca²⁺mix. When all components are combined, the reactions are performed in a final total volume of 70 μ l in a buffer consisting of 50 mM Na-HEPES (pH 7.2), 3 mM EGTA, 0.2 mM EDTA, 0.83 mM MgCl₂, 20 mM NaCl, 30 mM KCl, 1 mM dithiothreitol (DTT), 0.1 mg/ml ultrapure bovine albumin (Calbiochem, La Jolla, CA), 0.16% sodium cholate, and 1.5 mM CaCl₂ (to yield ~150-200 nM free Ca²⁺). Detergent is included to preserve the solubility of the lipid-modified $G_0 \alpha$. Although PLC- β activity is inhibited by many detergents, activity is preserved in the presence of sodium cholate (Calbiochem, La Jolla, CA) or octyl glucoside (Calbiochem). Ca^{2+} is an essential cofactor for PLC- β activity, and Ca²⁺ mix is prepared as a 9 mM solution of CaCl₂ in Buffer 2 and added as 10 μ l/assay.

Prior to assay, solutions containing each of the reaction components are prepared separately and stored on ice. These include the following: (1) $G_q \alpha$ mix (10 µl/assay), (2) RGS mix (10 µl/assay), and (3) Ca²⁺ mix (10 µl/assay). The remaining components, which include PLC- β and [³H]PIP₂ containing phospholipid vesicles, are prepared separately and are described below. Since the final reaction volume is 70 µl, RGS and $G_q \alpha$ are prepared at a concentration sevenfold higher than that desired in the final assay. RGS domains will form a stable complex with $G_q \alpha$ activated with either nonhydrolyzable analogs of GTP (e.g., GTP_γS) or with AlF_4^- , which traps $G\alpha$ in the active transition state during GTP hydrolysis. $G_q \alpha$ is activated with either 1 mM GTP_γS for 1 hr at 30° or with 10 mM NaF and 30 µM AlCl₃ for 15 min at room temperature in Buffer 1. RGS proteins are prepared as a stock concentration and then subjected to serial dilution in Buffer 1. Whereas RGS4 is relatively stable in solution, RGS2 is sensitive to ionic strength and will form insoluble aggregates that precipitate if stored in buffers containing physiological salt concentrations.¹² As such, RGS2 is prepared and diluted in Buffer 1 containing 500 mM NaCl. The high salt conditions do not interfere with $G_q\alpha$ activation of PLC β_1 .

Preparation of PIP₂ Substrate Phospholipid Vesicles and PLC β_1 Mix. In this method, RGS interactions with $G_{q}\alpha$ are detected as RGS capacity to inhibit $G_{q}\alpha$ directed PLC β_1 activity. PLC- β activity is measured as hydrolysis of [³H]PIP₂ and formation of the water-soluble product, $[^{3}H]Ins(1,4,5)P_{3}$. Activation of PLC- β is achieved by reconstituting enzyme with activated $Gq\alpha$ and mixed phospholipid vesicles containing lipid substrate as described previously.¹⁸ Radiolabeled PIP₂ substrate is prepared as a mixture of phosphatidylinositol 4,5-bisphosphate (PIP₂; Sigma, St. Louis, MO) and bovine brain phosphatidylethanolamine (PE; Sigma) in a ratio of 1:10 containing 5000 to 10,000 cpm/assay of added [³H]PIP₂ (New England Nuclear, Boston, MA) as a radiolabel trace. Phospholipids (stored at -20° in chloroform under argon gas) are prepared first by drying under nitrogen gas at room temperature until organic solvent is removed and a lipid film remains at the bottom of the tube. The lipid film is then rehydrated, and vesicles are formed by brief sonication in Buffer 2 using a bath sonicator (Laboratory Supplies, Co.; Hicksville, NY). A probe sonicator may substituted for this purpose if available. The amount of PIP₂ necessary for the experiment is calculated based on preparing a stock solution at 175 μ M added as 20 μ l/assay which yields 50 μ M (3000 pmol) final/reaction tube. The resulting lipid vesicles containing PIP₂, PE, and trace amounts of $[{}^{3}H]PIP_{2}$ (henceforth referred to as $[{}^{3}H]PIP_{2}$:PE mix) are stored on ice until ready for use. PLC- β is prepared in Buffer 2 containing 1 mg/ml bovine serum albumin (BSA), which is included to stabilize enzyme activity. PLC- β_1 purified from bovine brain or as recombinant protein can be used at a final concentration of 1 ng/20 μ l/reaction which will provide a low basal activity and a robust response to $G_{d\alpha}$. For simplicity, the [³H]PIP₂:PE mix and PLC- β mix are combined (20 μ l each/reaction tube) and added as 40 μ l/reaction tube immediately before the reaction is started (see below).

Performing Assay and Processing Samples. Round-bottom, polypropylene tubes (5 ml, 12 mm × 75 mm) are labeled and placed in a tube rack on ice. To each tube is added 10 μ l Buffer 1 (for blanks and measurement of basal PLC β activity) or Buffer 1 containing activated $G_q \alpha$. RGS proteins or an equivalent volume of Buffer 1 (10 μ l/tube) are added and incubated with $G_q \alpha$ for at least 30 min on ice to allow for protein complex formation. After this time, Ca²⁺ solution (10 μ l) is added to all tubes, and the reaction mix is stored on ice. The assay is started by adding the PLC- $\beta/[^{3}H]PIP_{2}$ mix (40 μ l) to each tube on ice, and samples are vortexed immediately. For this addition, it is helpful to use a repeat pipetter with Combitips (Eppendorf). Reactions are initiated by transferring tubes to a 30° water bath for the desired time. Under these defined assay conditions (50 μM [^{3}H]PIP₂,

1 ng PLC- β_1 , 1 nM G_q α) substrate consumption is linear for up to 50–60 min, and reactions are typically allowed to proceed for 40 min. Reactions are terminated by rapid addition of 200 μ l of 10% trichloroacetic acid (TCA), followed by 100 μ l of bovine serum albumin (10 mg/ml). Samples are then transferred immediately to an ice bath and vortexed.

Precipitation of the albumin in acidic conditions will coprecipitate unhydrolyzed radiolabeled PIP₂. To isolate released $[{}^{3}H]Ins(1,4,5)P_{3}$, samples are centrifuged at 2000g for 10 min at 4°, and supernatant is recovered. Radioactivity in the supernatant is measured by liquid scintillation counting.

Results. In the example experiment provided (Fig. 2), the relative capacities of RGS2 and RGS4 to block $G_q \alpha$ activation of PLC β_1 were compared. The assays involved only three purified recombinant proteins ($G_q \alpha$, RGS, PLC- β_1) and



FIG. 2. RGS-directed inhibition of $G_q \alpha$ -mediated phospholipase $C\beta_1$ (PLC β_1) activation. Purified recombinant $G_q \alpha$ was incubated with 1 mM GTP γ S for 1 hr at 30°. Activated $G_q \alpha$ -GTP γ S (1 ng) was preincubated with various concentrations of RGS2 (closed circles), RGS4 (open circles), or no RGS proteins (squares), and then mixed with purified PLC β_1 and [³H]phosphatidylinositol 4,5-bisphosphatecontaining phospholipid vesicles. Synthesis of [³H]phosphatidylinositol 4,5-bisphosphatecontaining phospholipid vesicles. Synthesis of [³H]InsPi (phosphate) ([³H]InsP₃) was measured and basal unstimulated PLC β_1 activity (open triangle; 170 pmol/min/ng PLC β_1) was subtracted from each value. Blank values (i.e., [³H]InsP₃ accumulation in the absence of PLC β_1) were 155 pmol/min/assay. Values are expressed as a percentage of the total [³H]InsP₃ accumulated over 20 min at 30° in the presence of $G_q \alpha$ -GTP γ S (100% = 716 and 571 pmol/min/ng PLC β_1 for RGS4 and RGS2, respectively). Reproduced with permission from S. P. Heximer, N. Watson, M. E. Linder, K. J. Blumer, and J. R. Hepler, *Proc. Natl. Acad. Sci. U.S.A.* 94, 14389 (1997). Copyright 1997 National Academy of Sciences, U.S.A.

exogenously supplied substrate in the form of $[{}^{3}H]PIP_{2}$:PE phospholipid vesicles. RGS2 and RGS4 each bound to activated $G_{q}\alpha$ and blocked its capacity to stimulate PLC- β_{1} activity over a broad concentration range (0.001–3 μM). Under the defined assay conditions, RGS2 inhibited the actions of 1 nM $G_{q}\alpha$ with a $K_{0.5}$ value of approximately 30 nM and was 10- to 30-fold more potent than RGS4 at blocking $G_{q}\alpha/PLC-\beta_{1}$ interactions (Fig. 2).

RGS Inhibition of Hormone Receptor and $G_q \alpha$ -Stimulated Inositol Lipid Signaling in Broken Cell Preparations

The negative regulatory effects of RGS proteins on $G_q \alpha$ signaling can also be detected in broken cell or crude cell membrane preparations. The principal advantage of this approach over defined reconstitution systems is that it allows for examination of RGS effects on receptor and Gq-directed signaling in the partially intact native environment provided by the cell membranes. While the amount of RGS protein can be controlled quantitatively, the relative amounts of receptor, G protein, and PLC- β present are undefined and remain a function of the amount of washed membranes used in the assay. The approach is conceptually and technically similar to that described above with purified proteins, except that in this case endogenous PLC- β , $G_{\alpha}\alpha$, and linked receptor are supplied by the cell membranes. Exogenous radiolabeled substrate is supplied as [3H]PIP2:PE phospholipid vesicles (as described above).^{10,45} In theory, the method described in this section will work with membranes derived from any cell type. While G_adirected inositol lipid signaling responses can be observed in many broken cell preparations, retention of linked hormone responses varies following cell lysis and should be determined empirically for each cell line. Among the broken cells that are responsive to hormone/neurotransmitter stimulation are NG-108 neuroblastoma \times glioma cells which contain bradykinin receptors linked to Gq/11.^{10,45} We will describe a method for measuring RGS mediated inhibition of bradykinin receptor and guanine nucleotide stimulation of PLC- β activity in broken NG-108 cell preparations.

Special Considerations. Unlike the reconstitution assays described above, there is no step for preactivating native G proteins with guanine nucleotide. Instead, the assay relies on addition of hormone or spontaneous rates of nucelotide exchange to load nonhydrolyzable guanine nucleotide (GTP_YS) to endogenous $G_q \alpha$. Under these defined assay conditions, hormone plus guanine nucleotide responses occur at a much faster rate and are much more robust than those observed with guanine nucleotide alone due to receptor activation. GDP β S is included in the guanine nucleotide mix at a concentration in excess of GTP_YS (10 μ M and 3 μ M,

⁴⁵ S. Gutowski, A. V. Smrcka, L. Nowak, D. Wu, M. I. Simon, and P. C. Sternweis, J. Biol. Chem. 266, 20519 (1991).

respectively). This stable form of GDP binds with higher affinity than GTP_YS to G α that are uncoupled from receptors but with relatively lower affinity to G α that are coupled to activated receptors. As such, inclusion of GDP β S helps to maximize loading of GTP_YS to G_q α linked to activated receptors while, at the same time, minimizing nucleotide loading to uncoupled G_q α due to basal exchange. Ideal assay conditions would also permit GTP loading of G_q α , which would allow measurement of RGS effects on GTPase activity. However, for unknown reasons, very few, if any, broken cell preparations of mammalian origin retain GTP-sensitive hormone activation of G_q α and PLC- β . An exception to this rule are specialized membrane preparations derived from turkey erythrocyte ghosts.⁴¹ These preparations retain very robust GTP-sensitive hormone responses and, as discussed, could provide an alternative model system for studying RGS/G α interactions.⁴²

Preparation of NG-108 Cell Membranes. NG108-15 cell membranes are prepared as described.^{10,45} NG108-15 cells are grown to confluency on 3 to 5 150 mm culture plates at 37° in Dulbecco's modified Eagle's medium (DMEM) supplemented with 15% fetal calf serum, 0.1 mM hypoxanthine, 0.4 mM aminopterin, $16 \,\mu M$ thymidine, and appropriate antibiotics. Cells are rinsed with cold phosphatebuffered saline (pH 7.2) on ice and collected by scraping in the same buffer containing protease inhibitors. Recovered cells are placed into a nitrogen cavitation bomb (Parr Instruments, Moline, IL) under pressure (400-600 psi) for 30 min at 4°. Cells are lysed by rapid decompression, and lysates are recovered. Cell nuclei are removed by centrifugation at 500 g for 10 min at 4° . Total membranes are recovered from the supernatant by centrifugation and resuspended by homogenization (10 strokes on ice) in Buffer 3 (Buffer 1 without detergents), and protein concentrations are determined. At this point, concentrated membranes (preferably greater than 5 mg protein/ml) can be stored at 4° for immediate use, or frozen by liquid N_2 and stored at -80° until further use. Receptor responses will lose some activity (30-50%) following one or more freeze-thaw cycles. In practice, crude, unwashed membrane preparations provide a more robust inositol lipid signaling response. Reasons for this are uncertain, but may be due, at least in part, to the fact that extensive washings remove PLC- β_1 from plasma membranes, which is bound only by ionic interactions.

Preparation of PIP₂ Substrate/Phospholipid Vesicles. [³H]PIP₂:PE vesicles are prepared by drying down a mixture of [³H]PIP₂, PIP₂, and PE and resuspending the lipid film in Buffer 2 by sonication as described above. The final concentration of lipid is adjusted to provide 50 μ M PIP₂ and 500 μ M PE and trace amounts of [³H]PIP₂ (5000–10,000 cpms) (i.e., [³H]PIP₂:PE mix) in the final assay volume of 60 μ l. Thus, a 3-fold concentrated [³H]PIP₂:PE mix is prepared to add as 20 μ l/reaction tube.

Preparation of RGS Proteins, Hormone and Guanine Nucleotide Mix, and Ca^{2+} Mix. RGS proteins are prepared as concentrated stocks in Buffer 2 and subjected to serial dilutions as desired in the same buffer. Bradykinin alone (10 μ l/assay),

GDP β S and GTP γ S as a mixture (10 μ l/assay), or bradykinin plus guanine nucleotides as a mixture (10 μ l/assay) are also prepared as concentrated stocks in Buffer 3. In each case, stocks are prepared at concentrations sixfold greater than that desired in the final reaction mix; each stock is added as 10 μ l per reaction tube. Final desired concentrations for each component are 1 μ M for bradykinin, 3 μ M for GTP γ S, and 10 μ M GDP β S. Ca²⁺ mix is prepared as a 9 mM solution of CaCl₂ in Buffer 2 to be added as 10 μ l per reaction tube.

Performing Assay and Processing Samples. Round-bottom, polypropylene tubes (5 ml, 12 mm × 75 mm) are labeled and placed in a tube rack on ice. To each tube is added 10 μ l of membranes (5 μ g/assay) and either 10 μ l of Buffer 2 (for blank and basal PLC activity) or 10 μ l of Buffer 2 containing RGS proteins. Membranes and RGS proteins are incubated together at 4° for 30 min. [³H]PIP₂:PE phospholipid vesicles are added as 20 μ l/assay followed by 10 μ l of bradykinin and/or guanine nucleotides. Reactions are initiated by rapid addition of CaCl₂ mix (10 μ l/tube), vortexing, and transferring the tube rack to a 30° water bath for the desired time. Under these assay conditions [³H]PIP₂ consumption is linear for up to 50–60 min, and reactions typically proceed for 30 min. As described above, reactions are terminated by rapid addition of 200 μ l of 10% trichloroacetic acid, followed by 100 μ l of bovine serum albumin (10 mg/ml); samples are then transferred immediately to an ice bath and vortexed. For the start and stop addition, it is helpful to use a repeat pipetter with Combitips (Eppendorf).

As discussed above, precipitation of the albumin in acidic conditions will coprecipitate unhydrolyzed radiolabeled PIP₂, PE, and membranes. To isolate released $[^{3}H]Ins(1,4,5)P_{3}$, each of the samples is centrifuged at 2000g for 10 min, and the supernatant is recovered. Radioactivity in the supernatant is measured by liquid scintillation counting.

Results. In the example experiment provided (Fig. 3), the relative capacities of RGS4 and RGS-GAIP to block bradykinin receptor and/or GTP γ S-mediated stimulation of PLC- β are compared. The assays involved one purified recombinant RGS protein, crude cell membranes containing desired G_{q/11}-linked hormone receptors, and exogenously supplied substrate in the form of [³H]PIP₂:PE phospholipid vesicles. RGS4 was a fully effective inhibitor of both hormone receptor-(bradykinin plus GTP γ S) and G-protein-directed (GTP γ S alone)stimulation of PLC- β activity (Fig. 3A), with inhibition observed over a broad concentration range (0.001–1 μ M) (Fig. 3B). Half-maximal concentration for RGS4 inhibition ($K_{0.5}$) was approximately 100 nM, with complete inhibition observed with 1 μ M RGS4. By contrast, RGS–GAIP was a much less potent inhibitor of G_q α function, consistent with the idea that it is a physiological regulator of signaling by G_i α family members, but not G_q α .^{10,46} This method allows for

⁴⁶ L. DeVries, M. Mousli, A. Wursmer, and M. G. Farquhar, *Proc. Natl. Acad. Sci. U.S.A.* **92**, 11916 (1995).



concentration of RGS4 (filled symbols) or RGS-GAIP (open symbols) was varied as indicated. Basal PLC- β_1 activity is FIG. 3. RGS-directed inhibition of GTPyS and bradykinin-activated synthesis of inositol 1,4,5-trisphosphate by NG-108 cell membranes. (A) Total unwashed NG-108 membranes ($5 \,\mu g$ protein/assay) were incubated with 10 μM GDP βS (basal) or 10 μM GDP βS and 3 μM GTP γS in the presence or absence of 1 μM bradykinin (BK) and/or 1 μM RGS4. The resulting accumulation of [³H]inositol 1,4,5-trisphosphate ([³H]InsP₃) over 30 min at 30° was measured. (B) NG-108 cell membranes were incubated as described in (A) in the presence of bradykinin (BK) and GTPyS (circles), or GTPyS (squares), and the indicated (open square). Reproduced with permission from J. R. Hepler, D. M. Berman, A. G. Gilman, and T. Kozasa, Proc. Vatl. Acad. Sci. U.S.A. 94, 428 (1997). Copyright 1997 National Academy of Sciences, U.S.A.

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[49] Assays of Complex Formation between RGS Protein G_{γ} Subunit-like Domains and G_{β} Subunits

By DAVID P. SIDEROVSKI, BRYAN E. SNOW, STEPHEN CHUNG, GREG M. BROTHERS, JOHN SONDEK, and LAURIE BETTS

Introduction

Regulators of G-protein signaling (RGS) proteins accelerate the hydrolysis of GTP bound to heterotrimeric G protein α subunits^{1,2} and are thus considered key negative regulators of G protein-coupled signaling pathways³ by promoting formation of inactive G-protein heterotrimers (G α -GDP/G β /G γ complexes). Outside the hallmark RGS box, many RGS proteins have additional structural features that are thought to impart additional functions in signaling regulation.⁴ We have identified⁵ a subfamily of RGS proteins in which each member possesses both DEP (Dishevelled, EGL-10, Pleckstrin)⁶ and GGL (G protein γ subunit-like)^{5,7} domains N-terminal to the RGS box. This subfamily not only includes the mammalian RGS proteins RGS6, -7, -9, and -11, as depicted in Fig. 1, but also the *Caenorhabditis elegans* proteins EGL-10⁸ and EAT-16⁹, and the *Drosophila* RGS7 homolog.¹⁰

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